



Heaven Moves With Me

Fletcher Soul Traveler

Contents

God Is Hidden	3
God Is Not Fanatical	4
God Released You	6
Good Deeds.....	8
Goodness In All	9
Gossip	10
Greed.....	11
Guides	12
Happy New Year.....	13
Hate	14
Hawaii	15
Heaven Moves With Me	16

God Is Hidden

God is hidden.
God hides inside of your newborn baby.
Every step you take God is walking beside you.
You are never alone.
God dances in the stars at night.
God is beaming warmth from the sun.
The birds are soaring above.
Fishes are in the sea.
The universe is alive.
Do you want to partake in this magic?
God is hidden because your door is closed.
Open up your door within.
You will see that God has always been there.
He was waiting for you all the time.

God Is Not Fanatical

Did you know that God is not fanatical?
God is practical.
Where did we get it in our minds that we need to be fanatical to find God?
Unfortunately, we were taught this.
Once upon a time, I was a fanatic.
I couldn't see the forest for the trees.
Over time I learned to be practical and balanced in all ways.
Chop Wood Carry Water is the way to discover your true essence.
You must live in this world.
Do your duties.
In the midst of all discover your true nature.
Being fanatical about anything means you are out of balance.
Even being fanatical about God.
Look at the world today so many people are murdered because of people who are fanatics.
God wants us to discover our true nature.
Only by being balance may you solve this riddle.

God Released You

When you were born God released you from heaven into this world.
When you die God releases you from this world into his arms.
It doesn't matter if you are a saint or sinner God accepts you the same.
You have free choice.
God will always love you.
When I was young at times I couldn't stand to hear about God.
I would get a cringe inside.
They wanted me to feel guilty about putting Christ on a cross.
I did not put him on a cross.
That was two thousand years ago.
You are born a sinner.
How can you be born a sinner when we came from God?
Is God a sinner?
Through time by meditating and praying I learned truly to love God.
I ate the apple of life and no serpent engulf me.
Peace exists inside.
I found God in my heart.
The universe is alive.

Good Deeds

Last night I watched the evening news on Christmas day.
The news for the day was man doing good deeds for one another.
No shooting or murder was shown.
Just simple acts of kindness.
Just one human being helping out another.
We need to see this more on TV.
I know violence sells.
Yet this goes beyond the money.
Let's create hope in the news.
Let's change the channel of violence to a channel of good deeds.
Imagine if every night we would watch good news.
How much would our attitude of the world change?
Random acts of kindness to our fellow man.
A simple smile to someone who is sad.
Helping an elderly person crossing the street.
If we all performed good deeds with one another this world would change.
There would be peace on earth.

Goodness In All

There is goodness in all.
The sun is always shining.
Clouds may be in the sky covering the sun yet the sun is always shining.
Our true nature is magnificent.
Our true nature is kind.
Unfortunately, the sun exists within but clouds of darkness cover our inner sky.
We are lost and yet we think we are found.
You and I are one yet in our mind's eye we are divided.
You are the universe.
I am the universe.
What happened?
How did the world get in such a mess when we all came from the same place?

Gossip

We love to hear gossip.
We are addictive to it.
We watch it daily on our TV.
The public loves to hear about scandals.
Wow, did you hear about that?
What is it in our being that we love to hear negatively about a person's life?
Why do we like tearing someone apart?
God does not gossip or judge us.
God doesn't not say hey Richard you blew it and then tell the universe.
Gossip is another form of the dark side energy.
We need to let it go.
It does not serve us.
It may entertain us but it reinforces the darkness inside of us.
You must be tolerant of our fellow man.
We must have compassion.
If someone falls down in life we should pick them up.
We should support them.
The world would be in a better place.

Greed

Why is man greedy?
Would you be truly happy if the entire world was given to you on a plate?
I can guarantee you would not be happy.
You could be the ruler of all the worlds.
You could conquer all the land.
You could buy the moon.
Yet you will never be happy.
Happiness is a state of mind.
Happiness is a direct experience that lies within.
Everything outside will come and go, yet the experience within will last forever.
Beyond time and space.
It's a lucky man who discovers this truth.
His life will be changed forever.

Guides

When I was young my Grandmother used to say the following.

You have guides that help you in your life.

I liked that.

I imagined they were indivisible yet present in my life.

Do you know it is true?

We are not alone.

We have had guides which I call family our entire life.

We feel alone but they are there.

How would you like to know them?

There are always there.

They are part of you.

You have free choice.

Do you want to know them?

The choice is up to you.

They will never go away.

It's up to you to open the door.

You know where the door is.

Ponder over these words.

Happy New Year

Happy New Year.

It's 2017.

Add the number up and we get a 10 which equals a 1.

A 1 is a brand new beginning.

Last year was a year of completion.

Your journey of life gives you the opportunity to renew yourself.

If you fell down in life you can pick yourself up, dust off yourself and carry on.

This year is a brand new year for you.

You have the opportunity to embrace the new energies of God.

Kindness, compassion, tolerance and love.

Drop the old.

We don't need anger, frustration, jealousy and greed.

It's time you get off the fence.

This is a new beginning for you.

You choose what you want.

The old or the new.

Ponder this over.

You must make a decision.

Hate

A friend of mine calls herself spiritual.
Yet the words coming from her Facebook post don't reflect that.
She has had a picture of our president dressed like Hitler.
She has called the first lady a bitch.
She has criticized their children.
Indecency leave the children out of the picture.
A person who constantly hates the other side is not spiritual.
You may not see eye to eye.
You may not agree on the policies they have.
But you have no right to spew hate and thinks it's funny.
The more you hate the more you become.
Whatever you focus on you become.
Drop these old energies.
They have not helped the world in any way.
Learn to be tolerant of others.
Your way is not the only way.

Hawaii

I spent six glorious years in the land of Aloha.
Aloha means to God.
The experience is very much alive.
Imagine our government sailing our navy ships on one sad day.
The cannons were focused on the Queens palace,
We told her that either she surrendered or we will blast the palace to smithereens.
At that time American church ministers were in charge.
They wanted to take the land from the people and grow sugar and pineapples.
The era of huge plantations began.
The Hawaiians were stripped of their culture and forced off their lands.
It took over a hundred years for our country to apologize.
But the aloha spirit lives on.
I heard stories on the mainland that Hawaiians weren't very friendly.
Yet I encountered the friendliest, know to man.
They did not have much by the means of money, but their heart was of gold.
They loved the ocean, waves, and nature.
Their garages were converted to outside meeting places.
They loved to talk a great story.
I'll never forget the Hawaiian people.
Their spirit lives inside of me.
Their music was divine.
Never before have had I heard such sweet music.
The hula has been a ritual of time.
Their culture touched the deep part of my soul.
Aloha
Hawaii I will love you forever.

Heaven Moves With Me

When I was young my happiness was defined where I was.
I was always happy around the ocean.
At times our family would take a vacation to the mountains.
I was unhappy.
I wanted to be in the ocean.
I couldn't be happy in nature.
When I learned how to meditate many moons ago I learned the following.
Heaven moves with me.
It doesn't matter where you are.
You can be in New York City.
You can be in India.
You can be at work.
You can be paying your bills.
Heaven moves with me.
I always thought who would ever want to live in Kansas?
Well, I live there now.
Heaven moves with me.
Ponder this over.
As Christ said the kingdom of heaven lies within.

